

Understanding iNAP Sleep Therapy



A Simplified Step-by-Step Guide to iNAP's mechanism.

What is Obstructive Sleep Apnea(OSA)?

OSA is a common sleep disorder, characterized by recurring collapse of the upper airway during sleep.



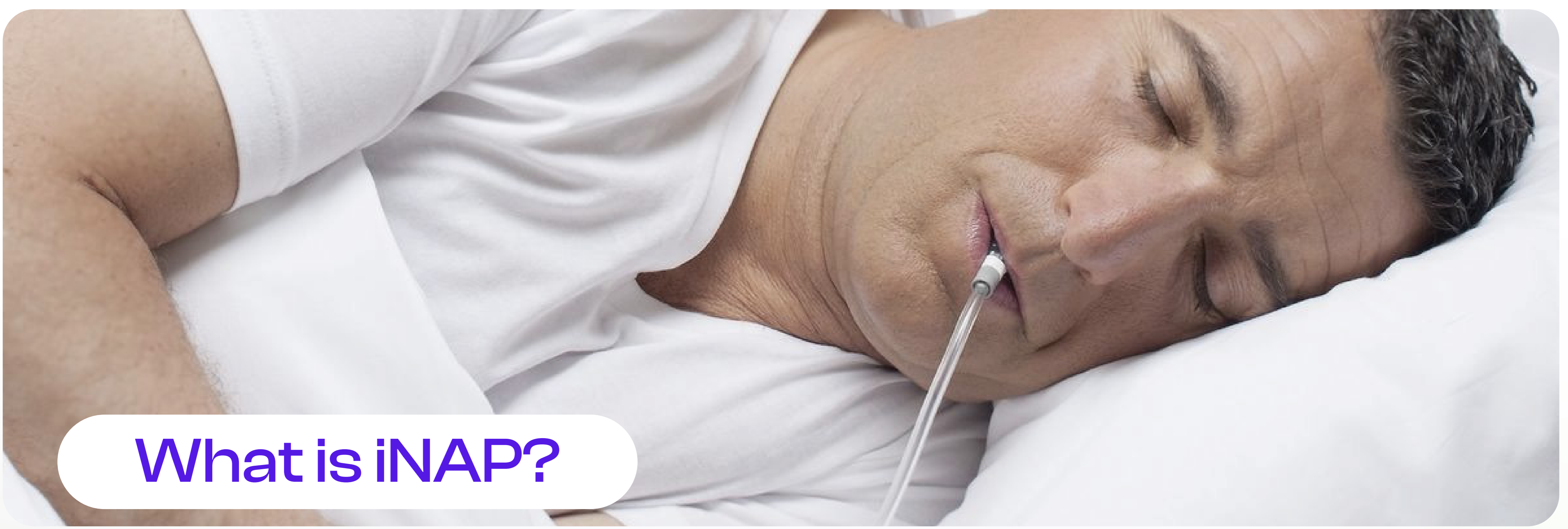
Common symptoms include:

- **heavy snoring**
- **abrupt awakening**
- **morning headache**
- **irritability**

It results in sleep fragmentation and oxygen desaturation.

Did You Know?

OSA affects nearly **1 billion adults** between the age of 30-69 worldwide.



What is iNAP?

01.

iNAP is a modern, non-surgical oral device that helps to treat Obstructive Sleep Apnea (OSA).

02.

It creates a gentle pressure gradient in the oral cavity.

03.

Ideal for people with mild-moderate OSA and intolerant to CPAP.

iNAP holds both FDA clearance and a CE mark.



How does iNAP work?



STEP:01

Prepare for Sleep

Insert the soft mouthpiece and click the power button on the iNAP console.

STEP:02

Negative Pressure Activation

The console creates **gentle negative pressure** in the oral cavity.

STEP:04

Continuous Monitoring

The iNAP device **constantly monitors oral pressure**, ensures stability and uninterrupted therapy.

STEP:03

Airway Stabilization

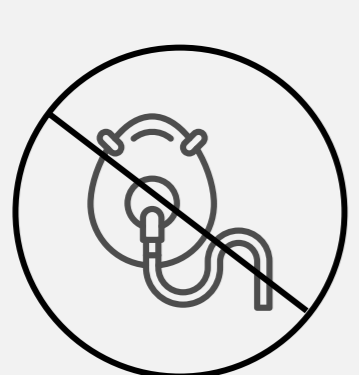
This negative pressure gently pulls the **tongue, soft palate, and surrounding tissues forward**, clearing the airway.

STEP:05

Maintain an Open Airway

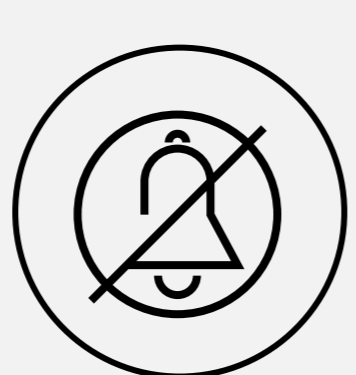
The forward shift in soft tissues **keeps the airway open** throughout the night, supports uninterrupted breathing.

Key benefits of iNAP



Mask-Free Comfort

No masks, straps, or headgear. Just a soft oral interface for natural sleep.



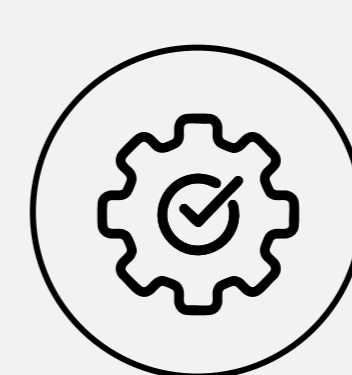
Whisper-Quiet Operation

Under 30dB - quieter than a library. Partners sleep peacefully.



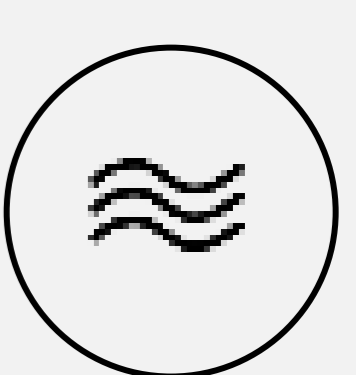
Ultimate Portability

Battery-powered, **TSA-approved** for air travel, and fits easily in carry-on luggage without requiring special accommodations.



Simple Maintenance

2-minute rinse and dry routine. **No complex cleaning** protocols, no expensive cleaning supplies.



Natural Breathing

Maintains natural nasal breathing patterns without forced air pressures, unlike traditional CPAP or apnea mouth appliances. **Feels**

Taevas Life Sciences brings you iNAP — a modern alternative to CPAP therapy.

taevaslifesciences.com